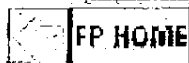


Superseded. Use for JLT 01/02 only

Figure. The Fagerström Tolerance Test

Questions	Answers	Points
1. How soon after you wake do you smoke your first cigarette? ★	Within 5 minutes	3
	6 to 30 minutes	2
2. Do you find it difficult to refrain from smoking in places where it is forbidden (eg, in church, at the library, at the movies)?	Yes	1
	No	0
3. Which cigarette would you most hate to give up?	The first one in the morning	1
	All others	0
4. How many cigarettes per day do you smoke? ★★	10 or less	0
	11 to 20	1
	21 to 30	2
	31 or more	3
5. Do you smoke more frequently during the first hours after waking than during the rest of the day?	Yes	1
	No	0
6. Do you smoke if you are so ill that you are in bed most of the day?	Yes	1
	No	0
Scoring: 0 to 2 - very low dependence 3 to 4 - low dependence 5 - medium dependence 6 to 7 - high dependence 8 to 10 - very high dependence		
The Fagerström Tolerance Test for Nicotine Dependency allows physicians to classify smokers according to level of nicotine dependency and to identify those most likely to need nicotine replacement therapy (usually indicated by a score of 6 or above). The two most important questions are numbers 1 and 4. (Adapted from Fagerström KO, Heatherton TF, Kozłowski LT. Nicotine addiction and its assessment. <i>Ear Nose Throat J.</i> 1991; 69:763-765.)		



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- ★ ① If 6 to 30 minutes and "Heavy Smoker," code as "2"
 ② If 6 to 30 minutes and "Moderate Smoker," code as "1"
 ③ If 6 to 30 minutes and "Light Smoker," code as "0"

★★ Capture from CRF, then Categorize: $\leq 10 = 0$

11-20 = 1

21-30 = 2

31 or more = 3

<http://users.aol.com/fedprac/nicofig1.htm>

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